

# The Men's Club

## Where and when

Join the group weekly with Peter

Tuesdays 6:30pm - 8:00pm  
10th October - 5th December 2023

126 Hurontario Street, Suite 201,  
Collingwood.  
\$450.00 (inc HST)



**It is in community where we heal. It is in groups where we find the courage to share and be supports for one another.**

## What you will experience

- You will engage in a group process. We will explore our thoughts emotions and stories together.
- We will step into the risky act of being vulnerable, while also learning to hold space for each other.
- The rules that we live by will be unearthed, considered, and transformed. We will endeavour to live from our fully realized, authentic selves.

## Who should attend?

We are inviting the Male clients of CPYC, who are in regular psychotherapy, ready to participate fully in group work and to committ to attending all sessions.

## How to register

Go to [www.cpyc.ca](http://www.cpyc.ca) to register, You will register for the session starting on the 10th October. A deposit of \$150 will be processed after your registration, with the remaining balance being due at the first session. Payment plans are available, please ask us.

