

The Men's Club

Where and when

Interested? Talk with your therapist.
Clients must be in therapy with a therapist
at CPYC to join the group.

Tuesdays 6:30pm – 8:30pm
8-week series
Dates: To be published

126 Hurontario Street, Suite 201,
Collingwood.
\$500.00



**It is in community where we heal. It is in groups where we
find the courage to share and be supports for one another.**

What you will experience

- You will engage in a group process. We will explore our thoughts emotions and stories together.
- We will step into the risky act of being vulnerable, while also learning to hold space for each other.
- The rules that we live by will be unearthed, considered, and transformed. We will endeavour to live from our fully realized, authentic selves.

Who should attend?

We are inviting the male clients of CPYC, who are in regular psychotherapy, ready to participate fully in group work and to comitt to attending all sessions.

How to register

Go to www.cpyc.ca to register, You will register for the session first session. A deposit of \$150 will be processed after your registration, with the remaining balance being due at the first session. Payment plans are available, please ask us.

